

CHIPS N' SPLINTERS



FOR YOUTH DEVELOPMENT®
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YMCA CAMP HI-ROCK

162 East Street, Mt. Washington, MA 01258

December 2011

www.camphirock.org

News from YMCA Camp Hi-Rock, a branch of the Central Connecticut Coast YMCA



HELLO

We've missed you!

We are excited to be back in touch and tell you about the special things happening here on our mountain! 2011 was another busy summer and we are gearing up for 2012. See more inside!

In this Issue

- Alumni News
- New for 2012
- Traditions at Hi-Rock
- Community Helpers
- ... and more!

RECORD BREAKING

CAMP HI-ROCK PARTICIPATES IN WORLD'S LARGEST MARSHMALLOW ROAST

On July 21, Camp Hi-Rock joined dozens of other Y day and resident camps from the US and Canada to break a world record for the largest marshmallow roast. At 4:00 PM, 174 of our campers and staff enjoyed an afternoon snack of toasty marshmallows at the fire pit behind Parker Seeley. At the same time, camps all over North America were working to help set the sweet record. Although we are still waiting for a final marshmallow count, the event was pre-approved by the Guinness Book of World Records to be the largest marshmallow roast ever! Over 50 Y camps and 4,230 campers and staff participated in the event. Look for us in the next edition of the Guinness Book of World Records!

A special thanks to Jenna Abriola for all the time she put into this edition of Chips N' Splinters!

NEW PROGRAMS FOR SUMMER 2012



Hi- Rock Stars Coaching Period

The Hi-Rock Stars coaching period will be introduced to our older campers in 2012. We have designed this class to help future camp leaders understand that Hi-Rock functions best when we work together toward meeting one another's needs. Campers will gain experience with community service projects as they have fun working together to give back to camp and to our community.

Stand-Up Paddle Boarding

Through the latest in aquatic sports, campers will work out every part of their body in this fun activity. Campers will balance on a lightweight surfboard while they paddle around our beautiful, 90 acre lake. A study by the Outdoor Foundation found paddle boarding to be one of the most popular activities enjoyed by people for the first time in 2010! Campers and families will now have the chance to check it out for themselves here at Plantain Pond.



Father-Child Weekend

This spring we will be hosting our inaugural father-child weekend. New and returning campers are invited to spend some time with the number one man in their life! Children and their dads, or other father-figures, will enjoy a variety of traditional camp activities as we break out of the winter weather.



Explore 30 Camp Reading Program

It is essential for children to maintain the habit of reading over the summer to keep up academic skills and their lifelong love of learning. At Hi-Rock, we will foster strong readers throughout the summer by encouraging campers to read, or be read to, for at least 30 minutes every day.



CAMP AFTER SUMMER



So, what do you guys do after the kids leave?

Although summer camp is our favorite time of year, Hi-Rock staff keep busy all year round preparing for next summer and providing programming for various retreat groups. School groups, special programs, and retreats from New England and the tri-state area have enjoyed Hi-Rock this fall. Our most exciting program since summer and Family Camp was this October's Fall Family Fun Weekend. Families took in the beautiful fall foliage of the Berkshires while hiking, boating, making cool crafts and even taking a hayride to our very own pumpkin patch. This winter we are looking forward to Winter Family Camp featuring the Ice Tee Open and Winter Kids' Camp. Check out "What's Coming Up?" for the dates!



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BUILDING STRONG KIDS 2010

Hi-Rock is truly a special place to grow up. It could not function without the support of our community. Every year, 1 in 5 Hi-Rock campers attend camp because of generous donations from people like you to the Strong Kids Campaign. The support from our community is what allows Hi-Rock to be such a special place, where children from all walks of life can grow, play and learn together. The Strong Kids Campaign is essential to Hi-Rock's program and also provides general subsidy for youth camp programs. Below is a list of 2010 donors. Look for our 2011 list next year!

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Linsey Foster-
Mason
Wanda Freedman
Karen Fritz
Ellen Frye

Victor Havens
Julie Heinsohn
Maureen Hevia
Allison Hill
Gary Hitch
Cara Hlad
Cristina Hodge-
Perez
Beverly Hosokawa
Michael Hotaling
Roberta Hunter
Tennille
Inderdohnen
Thomas Irwin
Tara Janes
Todd Jorn
Anne Khudari
Lisa Kuhn
Faith Kycia
Christopher
Kyriacou
Susan Labandibar
Janie LaBrasca
Reinhardt Lange
Alex LaPuh
Sophie LaRochelle
Margaret Larson
John Launt
John Lebel
Jeremy LeBlanc
Lindsay LeClair
Cheryl Lee
Sandra Lewenson
Pat Lincoln
Meredith Lind
Susan Lord
Lori Klamner-Wood
Adrienne MacGuffie
Michael Maffuccio
Eileen Maher
Umainah Mahmud-
Thiam
Luz Manso
Patricia Marchetti
Carolyn Martin
Taryn Martin
Ted Martin
Renee McBride
Amy McCabe
David McGowan
Michael Mcinerney
Dawn McKeever
Trina McKeever
Amy McLean
Ramona McLean
Joanne Mearing
Kayleigh Medieros
MaryAnn Milyo
Pam Molnar
Jennifer Moran
Amanda Morgan
Rene Moser
Abby Mouzakes
Severin Mulligan
Katherine Murphy
Derek Neaz
Sue Neaz
Leslie Nelson
Ross Nibur
Louise Nielsen
Catherine Nolan
Maritza Norman
Jill O'Brien
Kevin O'Brien
Michelle O'Connor
John O'Dwyer
Jane Osuna
David Ottaviano
Zachary Page
Peyton Patterson
Dawn Paul
Carmen Pequero
Lisa Perline
Matthew Petrillo
Pitney Bowes
Employee
Involvement Fund
Marianna Poutasse
Glenn Pratt
Sheryl Prince
Ron Provencal
Denise Qualey
Simona Raffioni
Myra Riiska
Pat Riley
Susan Riley
Anthony Robarge
Thomas Rutz
Shelly Sauerhaft
Leslie Sawyer
Adam Schechter
Jean Schoenleber
Janna Schultz
Jody Seivert
Diane Shalvey
Nicole Shargel
Nancy Siden
Brooke Sides
Jeanne Simchick
Bruce Simon
Marilyn & Dick Speer
Andrea Sperling
Alex Squiers
Steven Staal
Peter Strickland
Deborah Tarricone
Donna Teich
Sacha Teschendorf
Laura Theobald
Carin Tripodina
Josephine Tsai
Amy Ulness
Laura Underkofler
Kaylyn Utley
Grace van Riel
Robert & Cindy Vitale
Christopher
Wawrousek
Renee Wendling
Matt Wester
Cynthia Willen
Dennis Williams
Ruth Williamson
Ruth Woodson
Anne Worcester
Jennifer Wylie
Larry Young
Ruth Young
Peter Zimmerman

OUR COMMUNITY MAKES A DIFFERENCE

Hi-Rock Forever Fund

The Hi-Rock Forever Fund is designed specifically to address wear and tear on camp. Contributions to this fund go toward the maintenance and repair of our existing facilities. Thank you to our 2010 donors:

Ignacio Arboleya
Eric Bergeron
Lori Bostrom
Chantale Brien
Katie Burns
Connie Caron
J Gavin Cockfield
Joanne Connon
George Criscione
Joanne Derwallis

Julia Erickson
Karen Faccenda Healy
Alicia Fitch
Lisa Foderaro
Karen Fritz
Kris Gaziano
Merritt Hopper
Beverly Hosokawa
Aime Kaesmann
Sophie LaRochelle

Marc-Henri Magdelenat
Anthony Musto
Leslie Nelson
Catherine Nolan
Michelle O'Connor
Christine Paraskevas
Matthew Petrillo
Sheryl Prince
Thomas Rutz
Adam Schechter

Tarra Schepis
Debbie Sifuentes
Michael Stavola
Margaret Sword
Josephine Tsai
Molly Visnic
Anne Worcester
Larry Young



Plantain Pond Mortgage Club

For over 60 years, a group of community leaders have gathered for lunch over the holidays to raise money for capital improvements at YMCA Camp Hi-Rock. We thank them for the recent resurfacing of the ball field. Below is a list of club members.

David S. Bjorklund, Jr.
Richard P. Bodine, Jr.
Seth Brody
Jose Cabrera
Alexander Chernak
Diane Chiota
Sheila Clancy
Joseph Crespo
Philip J. Dwyer
Robert Fiscus
Edward R. Fitzgerald
James Frawley
Christopher A. Gallo

Stafford R. Gellatly
Thomas Gillon
Janet M. Hansen
Leo B. Hansen
Edward E. Harrison
Michael E. Herbert
Richard M. Hoyt
Don Hutchinson
William Jennings
Jeffrey Jones
Robert J. Kilcullen
Todd Lansdale
Michael J. Leone

Robert C. Lindquist
Robert Lyons
William Maley
Newman Marsilius, IV
Wayne R. Moore
Wayne R. Moore, Jr.
Thomas Q. Moore
Peter Mott
Ronald Noren
Daniel Portanova
Meredith Reuben
John Santa

Robert Scinto
Robert Scinto, Jr.
Tom Sides
Jerry Stagg, III
David Stevenson
David Sullivan, Jr.
David Sullivan, III
Paul Timpanelli
Jim Tomchik
Bob Trefry
Ernest Trefz
Martin Wolf

WE CAN ALL GIVE BACK

Hi-Rock's Wish List

You can give back to Hi-Rock, too! Below is a list of the top 5 donations that would be a great benefit to programming for campers and overall camp maintenance.

1. Paddle board equipment
2. Sunfish or sailfish boats
3. Mugs or silverware
4. Sports equipment
5. All-wheel drive SUV, station wagon or truck

For more ideas, please check out:

www.camphirock.org/make-a-difference/wish-list.php

5

GIFTS IN KIND

**Thank you to those who donated
special in-kind gifts or services...**

Davy Bjorklund
David and Beverly Bjorklund
Dana and Bridget Demand
Karro Frost
Keilty Food Service
David and Darlene Manson
Mason's Farm Market
Richard and Marilyn Speer
Carl and Betsy Sword

ALUMNI SPOTLIGHTS

Lady Gaga

By now you surely have heard of the quirky, pop-sensation Lady Gaga, but did you know that she was once a camper here at Hi-Rock? By the age of 4, Gaga taught herself how to play the piano and ten years later she was performing solo at a nightclub. She studied at NYU's Tisch School for the Arts, and was later signed by Akon which led her to release her debut album, The Fame.

We know a lot about the Lady Gaga who we see in the media, but what was she like when she was a camper? We asked Hi-Rock alumna, Brooke Beebe, Gaga's counselor, a few questions about the now pop-star's time as a camper at Hi-Rock. Back then, from 1999-2001, everyone knew her as a kind, fun Algonquin camper named Stef. Lady Gaga was like many other Algonquin girls. She loved sailing class, arts & crafts, and of course, getting ready for the social. Stefani was "always happy to help" her cabin mates. Other girls were often "borrowing clothes from her, [and] she did their hair and makeup. [Stefani] loved to help people feel their best." Even then, her sense of style and helping others feel good about themselves was obvious.

Brooke tells us that Stefani "loved camp and always wanted to be a counselor. She

would have been a great one. She was very nurturing." As many of us can relate to, Hi-Rock was a home away from home for Gaga. "Camp was a pretty special place for her growing up, it was a relief for her to come out here and be a different person for the summer. She always wanted to stay longer."

Gaga was dedicated to music at a young age, and began to pursue it more seriously during her teen years. Although everyone knew her as a camper who loved to sing, no one knew how hard she had already been working on her musical career. Stef was "always singing," Brooke recounts. After lights out in the cabin, Brooke, and her co-counselor Regina, had to tell Stef to "stop singing, we are going to get in trouble." Her response? "One day I will be famous" and she continued to sing from her bunk.

We are very proud of her success as a musician. She is an inspiration to other Hi-Rockers to follow their dreams.



Lady Gaga, Stefani, pictured here with her favorite Algonquin counselor, and role model, Brooke Beebe.

Chris Licht

Hi-Rock alumnus, 1981-86, Chris Licht has been in the news recently for accepting the position of Vice President of programming at CBS News. Chris is also known as the co-creator and original executive producer of MSNBC's successful "Morning Joe." Just before his move to CBS, Chris had a harrowing experience that drastically changed his point of view. Last spring, Chris suffered from a brain aneurysm that nearly took his life. This experience motivated him to write the book, What I Learned When I Almost Died. The book recounts how his outlook on life, and what matters most, changed after it was almost cut short.



We are happy to announce that Chris recently accepted an invitation to become a YMCA Camp Hi-Rock board member! Camp was a special place for Chris and we had the chance to hear why. The most memorable aspect of Hi-Rock was "the exposure to all different kinds of people from different backgrounds that you don't get in a small town." Chris was able to make friends with a "diverse group of kids." At camp, Chris also "fell in love with waterskiing." Every summer he could not wait to get to Plantain Pond and ski. This sport defined a lot of his young life. In fact, Chris holds the record for the youngest barefoot waterskier at Hi-Rock, mastering this difficult technique at just 10 years old! What does Chris miss the most about Camp Hi-Rock? "The vibe, the great energy. It's too bad you can't carry that to other parts of your life... everyone being there to experience new things in a safe environment."

Merritt Hopper

Merritt Hopper's career in event planning has taken him to new heights recently. He is currently working for the world's most luxurious destination club, puts on a very unique trail running race in a different country each year (www.race2adventure.com), and has made it his lifelong goal to visit every single winter and summer Olympics (www.journeytothegames.com). In 2010, Merritt brought 80 people to the Vancouver Winter Games, five of them being alumni from Hi-Rock! Representing 1991-2001, Juli Griek, Annie Polyn, Tracey Baranck, Justin Caplicki, and Mat Brown were all in attendance. They aspire to join him on his lifelong Olympic quest as they are all headed to London 2012 with Merritt next summer!



Hi-Rock alumni at the 2010 Vancouver Winter Games. From left to right, Merritt Hopper, Annie Polyn, Justin Caplicki, Juli Griek, Mat Brown and Tracey Baranck.

HI-ROCK TRADITIONS

Here at Camp Hi-Rock, traditions are a special part of each summer. Some are silly, some are sentimental, some have been passed down for several decades, and some are just a couple of years old, but they all make our camp unique. Take a look at what we have been up to!



Breakfast on the Beach

Middle Sundays of each session, campers and staff enjoy a special breakfast. Our chef and his staff bring cereal, milk, fresh fruit and juice down to the waterfront so we can enjoy a picnic on the beach.

Family Style Meals

Too often, it is easy to miss out on the fellowship of sitting down for a meal with close friends or family. At Hi-Rock we work to preserve that special time. Campers and counselors sit with their cabins and pass around the delicious food to each other. Meals do not begin until everyone is in the dining hall and the unit on duty has given the thought of the day, a joke or thanks over the loudspeaker.



Little Red Wagon

This popular cheer, started by Abnaki unit staff, is not only a hit here at Hi-Rock but at other camps across New England, as well!



Reflections

Every middle Sunday, campers and staff gather to discuss the YMCA character values. Hi-Rockers are invited to share stories, poems and songs that relate to honesty, caring, respect and responsibility.



Camp Cadence

This cheer celebrates Hi-Rock as our home away from home! Camp Cadence is a true display of the spirit that abounds at our camp.



4th of July Parade

Each year, we decorate cars in our best red, white and blue and have a parade through camp!



Fall Family Fun & Winter Family Camp

We carry on the fun of summer throughout the year at our annual events. At Fall Family Fun weekend we enjoy the foliage and crisp weather. Winter Camp is the perfect chance to see a whole new, frosty side of Hi-Rock.



Key Log & Candlelight

At the end of each session, we have two special ceremonies. The key log ceremony stems from a logging tradition where a logger was awarded a "key log" in return for an act of bravery. Campers and staff dedicate a stick to an individual, or oftentimes a cabin group or all in a favorite coaching period that has been an especially meaningful part of their camp experience. At the candlelight ceremony, the camp reflects on how we keep healthy spirits, minds and bodies during our stay at Hi-Rock. The ceremony concludes with every one holding a lit candle and creates one of the most beautiful sights on camp. What a perfect way to end our stay.



Did we miss anything?

Are there any cool camp traditions that you love, but did not see here? Tell us about them! Please send pictures and descriptions to info@camphirock.org or by mail to 162 East St, Mt. Washington, MA 01258

TELLING STORIES

Hi-Rock Staff Member Publishes Children's eBook



Tom Davies, staff member since 2009, and this past summer's Abnaki Unit Director, is not just great at rounding up the youngest boys on camp. He is using his recent degree in graphic design and his vivid imagination to create books for children. His first piece, Moby the Average Looking Monster, is available as an eBook through smashwords.com. This book is the story of Moby, the average looking monster. Moby is shipwrecked in a storm and has some crazy adventures as he tries to survive on a mysterious island.

Tom explains that the inspiration for his children's books comes from his love of drawing. "I've always liked the illustrations in children's books. Being dyslexic, I used to have trouble reading books so I used to use the pictures to help me understand the writing."

Tom is not finished after Moby's adventures! His next book will be available soon. This one is about Spencer, a little stegosaurus who gets lost in a big city and has to find his way home.



THREE CHEERS FOR VOLUNTEERS!

Central Connecticut Coast YMCA Honors Hi-Rock Volunteers

This past May, two of our fabulous Hi-Rock volunteers received awards for their enthusiasm and service. Bev Bjorklund and John Fulton were honored for the time and dedication they have put in to our camp. Bev has been an integral part of Camp Hi-Rock. She is at the head of what some describe as the Bev Train and when people see it coming, they want to jump on! Her

leadership, enthusiasm and creativity have made our Women's Weekend a not to miss program and caused Work Weekends to overflow with Flower Power. At the end of 2010, when reaching our fundraising goal seemed impossible, Bev's faith in our ability to do so was inspiring and her hard work as a campaigner helped make it possible.

John volunteered full-time as a counselor in the summer of 2010 and his hard work did not go unnoticed. John's caring and compassionate attitude, his great sense of humor, his willingness to get silly, and his devotion to the campers at Hi-Rock made him an invaluable counselor. We were happy to have John back as a staff member for summer 2011.



EXPLORING HI-ROCK'S HISTORY

This summer, two of our female unit directors, Heather Nibur and Heather Croy, came up with a unique idea for a class. Dubbing it "Heathers' Hi-Rock Hunt" the two created a class that taught campers a little bit about the history of Hi-Rock. Heather and Heather enjoyed hearing stories about the earlier Hi-Rock generations and wanted to let the campers in on this fun knowledge. The class focused on finding out about summers past at Hi-Rock as well as getting a chance to see interesting places all over camp. In planning, the two spent some late nights rummaging through old photos in the office and learned a few fun facts for themselves. For example, did you know that the flagpole used to be at center circle, or that campers used to wake up for an early morning swim followed by a mug of hot chocolate? Heather Croy explains that a big draw to the class for campers was being able to explore places that they normally would not be able to see. Campers enjoyed discovering special places on camp. Favorite spots included a hike out to Fern Gully and checking out the Algonquin Caves. We hope that campers and staff will continue to pass down their individual knowledge of special places and history of camp! This class is one of many that staff created this summer. Each year campers enjoy creative classes that our counselors concoct.

Some Things Don't Change



Campers enjoy a game of tetherball in 1978, still a popular activity at Hi-Rock. This is one of the many photos that "Heathers' Hi-Rock Hunt" unearthed this summer.

Photo Credit: David Lubarsky, davidlubarsky.com

THE CAMPAIGN FOR YMCA CAMP HI-ROCK

BUILDING CAMPERS BY BUILDING CAMP

The past year has been an exciting one for The Campaign for YMCA Camp Hi-Rock, our capital campaign which seeks to raise \$2.8 million to address critical capital needs at camp. Thanks to the generous support of the Hi-Rock community, we are celebrating \$948,105 in pledges toward the campaign as we approach the end of 2011. We are also celebrating the completion of two key projects made possible through the support of the campaign – the resurfacing of the main ball field and the installation of new stone retaining walls on the dining hall hill! We look forward to 2012 with great anticipation as we work toward raising sufficient funds to commence the long awaited reconstruction of Parker Seeley Lodge. Many thanks to those who have already committed to the current phase of The Campaign for YMCA Camp Hi-Rock:



Anonymous
Andy Bailer
John and Kim Bailer
Kathleen Bailer
Laura Bailer
Rick and Darice Bailer
Robbie Bailer
Ron and Pat Bailer
Marcy Barnett
Dave and Bev Bjorklund
Stu Campbell
Timothy Cha
Erik and Andrea Daubert
Paul Duffy
Philip J. Dwyer
Robert Fiscus

Mark Fitzgerald
Jim Frawley
Chris Gallo
Cope Garrett
Edward P. Goldsmith
Brett and Sandra Goldstein
John Gouveia
Paul and Karen Grazide
Pam and Tommy Hearn
Merritt Hopper
Joseph Huffman
Alan Hurst
Donald Hutchinson
Judith and Ron Johnson
Ahmed and Lisa Kahn
Douglas Lisk

Robert T. Lombardi
Marla and Walt Lutter
Will Madsen and Sandra Fischer
Marcus Mardirosian
Anna Marsland and Jon McCann
Lisa Masotti
Phyllis McMahon
Henry Mitchell
Tom Q. Moore
Wayne Moore
Ronald and Renee Noren
Peyton Patterson
Kenneth Patrician
People's United Bank
David Petit
Plantain Pond Mortgage Club
George Raymond
Pam Rhie
David and Heather Sanford
Mark Schonbeck
The Seeley Family
Jess Speer-Holmes and Ali Holmes
David and Maura Stevenson
Mark Sunshine and Christine McElhaney
Carl and Betsy Sword
Margaret Sword
Salvatore Uccello
Harsh Verma
JoAnn K. Ward



Over the years, Parker Seeley Lodge has provided the Hi-Rock community with a special space for fellowship. In this photo, Paul Duffy and Mo (Mark) Oswell play guitar and sing by the fire.

If you are interested in hearing more about the campaign, please contact Jessica Speer-Holmes, executive director, at 413-528-1227.

Capital Projects

- Rebuild Parker Seeley Lodge
- Rebuild cabins
- Resurface ball fields
- Rebuild shower houses
- Renovate staff housing including the Wheel House
- Strengthen our foundation by reducing our debt burden

HEARD IT FROM THE CHIPMUNKS

What is everyone up to these days?

Hi-Rock alum **Tom Castro** and wife Meredith welcomed daughter Emma on September 12! They are living in Libertyville, IL and Tom works as Senior Editor with STATS LLC in Northbrook, IL.

Congratulations to **Charles Hirsch** and **Tulika Verma**, who celebrated their wedding on June 11, 2011.

Lina Asquini and **Jeff Leland** are engaged! These two met as staff in 2007 and were engaged on July 7, 2011. They plan to marry in Hawaii next July.

Sean O'Neil is working on his Ph.D in Applied Behavior Analysis at the University of Ulster. In his field, Sean will practice a Behavioral Psychology approach that uses technology to tackle educational and behavioral issues in individuals with an Autism Spectrum Disorder.

Mat Rawson and wife Elizabeth welcomed their son Charles William Rawson into the world on March 14!

Susan Buckwalter and **Timothy Cha** graduate in May with their MBAs. Susan from The Johnson School at Cornell University and Tim from The Kelley School of Business at Indiana University.

Juli Griek moved to New York from Denver and is working at NY Presbyterian Hospital as an Orthotic Fitter.

Gabby Provencal and Sean McVicker were engaged on February 18th!

Linn Bjorklund and John Lebel are planning their wedding to take place this summer on the summit of Mt. Sunapee.

Brooke Beebe moved back East from Vail, CO and teaches grade 1 in Southborough, MA.

Anita Clarke completed the NYC Marathon in a great time of 4:01:08. Awesome job!

Derek Neaz is working on a Doctorate in Clinical Psychology at the Washington, D.C. campus of the Chicago School of Professional Psychology.

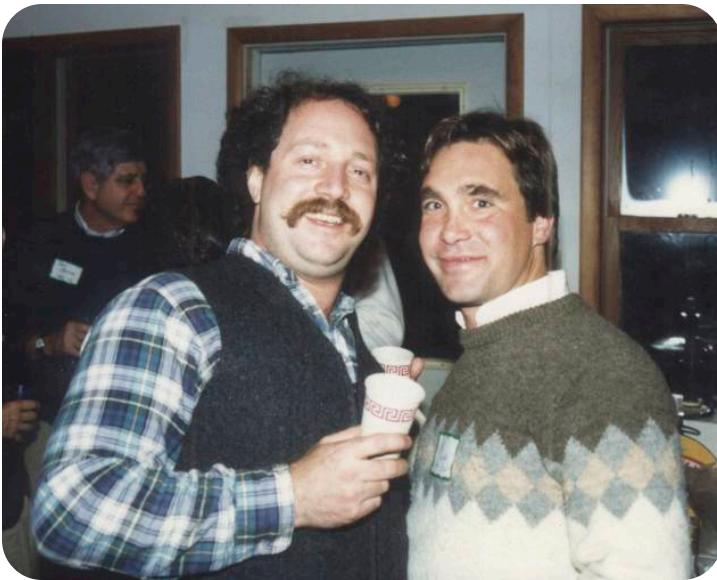
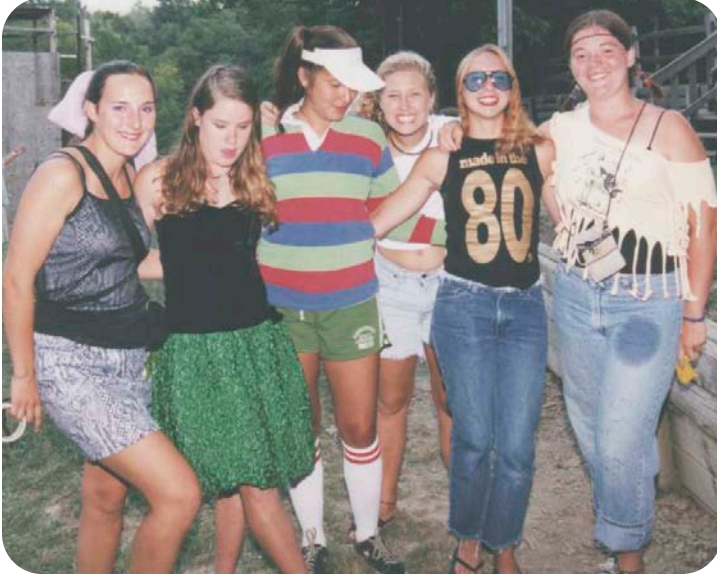
JP Isabelle Graduated from Vermont Law School in May, and now works for Vermont State Treasurer, Beth Pearce.

Tom O'Connor and wife Rebecca welcomed baby boy - Tobias Daniel. Born on August 8th, he joins his brother Alistair. The O'Connor family lives in Seattle Washington.

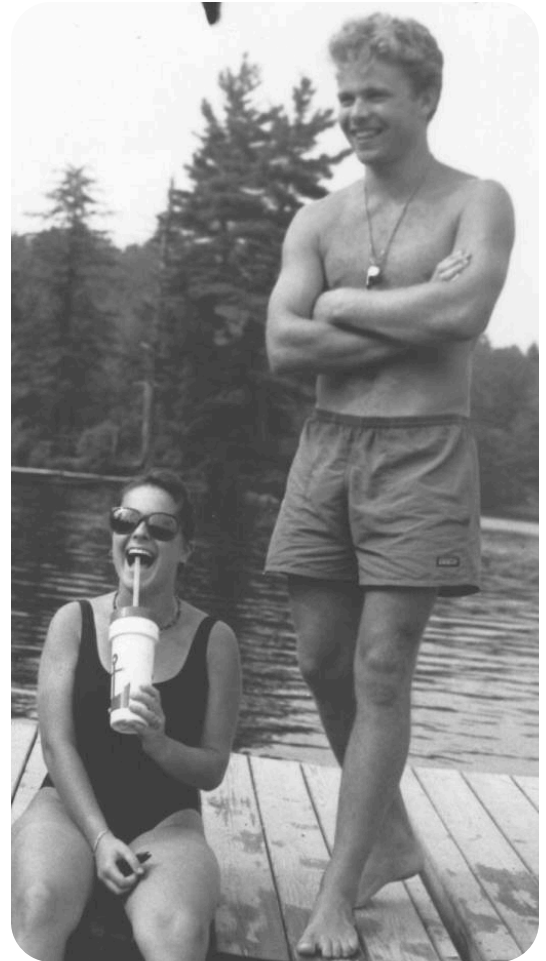
Beth Natt and husband **Jeff Borofsky** welcomed baby Max on Thanksgiving day. Beth currently works as Medical Director of the Pediatric Inpatient Unit at Bridgeport Hospital.

Ivan Watson is currently based in Istanbul, Turkey as a correspondent for CNN.

A BLAST FROM THE PAST



HOW MANY
PEOPLE CAN
YOU NAME?





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ICE BREAKERS

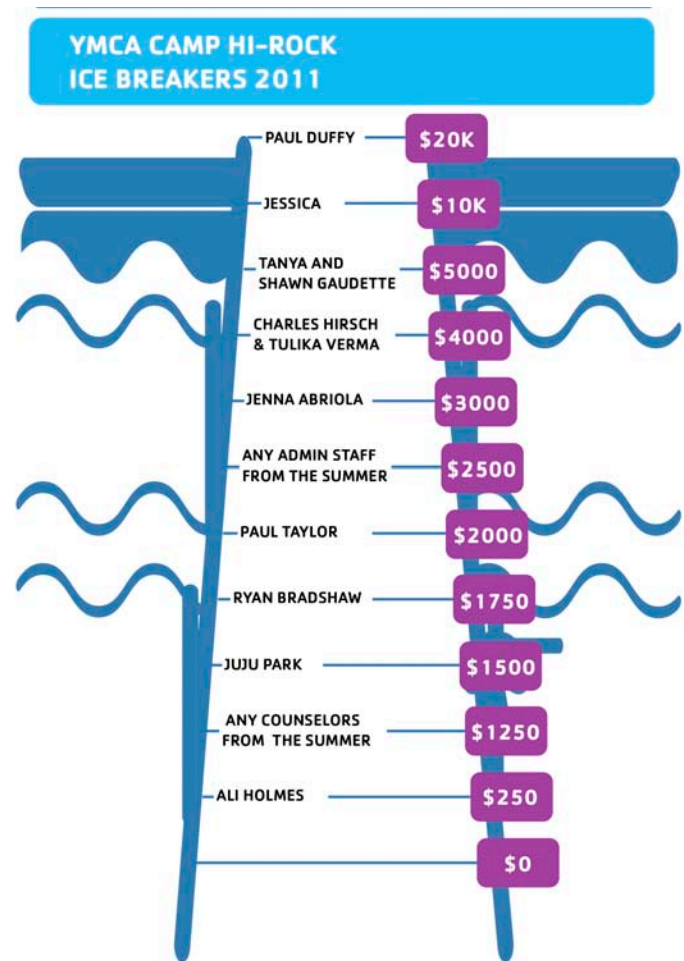
...and you thought the lake was cold for your swim test!

January 8, Hi-Rock staff and alumni will be taking the plunge into the icy waters of Plantain Pond. Why would anyone want to jump into a frozen lake? It's for a good cause, of course. We are raising money for the annual Strong Kids Campaign, which helps send kids to camp and other YMCA youth programs.

Check out the thermometer to see how much we need to give to get certain staff members into the lake. Let's get Paul Duffy in!

Stay updated by joining the Icebreakers Facebook page or go to:

www.firstgiving.com/campphirock/ymca-camp-hi-rock-ice-breakers-2011



MARK YOUR CALENDAR

We look forward to seeing you!



January 8

January 13-16

February 17-20

TBD

April 27-29

June 1-3

June 24

August 20-26

Hi-Rock Icebreakers

Winter Kids' Camp

Winter Family Camp & Ice Tee Open

Father-Child Weekend

Spring Work Weekend

Women's Wellness Weekend

Summer Camp begins!

Family Camp