

Leaders in Training

What is an LIT?

An LIT is a person who is 16 years old or entering their junior year of High School. If they have been to camp before they are preparing to make the transition from camper to staff member. LITs are not typical "Campers," nor are they "Staff"; LITs are entirely their own category. Because LITs are not staff, no LIT is ever left alone or in charge of campers.

Benefits of Being an LIT

In the four-week program LITs gain experience through hands-on training with staff and campers in their cabins. These young adults will leave camp ready to be strong leaders at camp and at home.

Areas covered in the program may include:

- Understanding the role of a staff member through the reading of the staff manual and shadowing their assigned counselor.
- Off camp community service.
- Leading the camp in an all-camp evening activity while also demonstrating the values of caring, honesty, respect and responsibility.
- Preparing and facilitating a cabin activity.
- Developing leadership skills through exploring personal leadership styles and team-building activities
- Learning to be welcoming and inclusive in a diverse camp community and learning what it means to be a leader in the context of that community

LIT Workshop Sample Schedule

8:10	Flag Raising
8:15	Breakfast
8:45	Cabin Kapers
9:10	First Half of Workshop
11:10	Cabin/Unit Acts - Assigned
12:15	Lunch
1:00	Siesta
1:50	Bell Rings
2:00	Second Half of Workshop
4:00	General Swim
5:55	Flag Lowering
6:00	Dinner
7:15	Evening Program
9:00	LIT Meeting / Debrief
10:00	LIT Devotions
11:30	Lights Out

LIT Expectations & Privileges

Expectations:

- LITs will be housed in camper cabins for at least two weeks of their program. There will be 2 staff members living in the cabin with them. LITs will be role models for the campers living in their cabins.
- LIT quiet hours begin the same time as the lights out time for their assigned Unit.
- Curfew for LITs is 11:30pm during the LIT program. Time after cabin lights out is supervised
- LITs will not be in each other's unit or cabin without permission of the Unit Director or the cabin's counselor.
- LITs will be responsible for organizing an evening program during the second half of their program.
- LITs will help with Sign-ons and occasionally with Check-In and Check-Out days.
- LITs may spend time with the Camp Directors and other staff in various departments.
- When the Leadership Director is off, LITs report to the Program Directors or other assigned staff member.
- LITs are expected to follow the same no-technology guidelines as other program participants. They may leave their cell phones, music players, or other electronic devices in the office except for the pre-determined times decided on by the LIT director.

Privileges:

- LITs are welcome to hang out in the dining hall at night under supervision, provided the counselors they are shadowing are not on duty in the cabin.
- LITs will be called up as their own group during Keylog.
- LITs will have a day off camp. Transportation will be provided and the Leadership Director will accompany those who choose to and are allowed to attend. Minimum staff:camper ratios will be met.
- LITs will be allowed to lead at least one Devotion and one Cabin Activity.
- LITs will assist in Coaching Periods in their time at camp.
- LITs will go on one multi-day hike during the program.