

	Monday (8/18)	Tuesday (8/19)	Wednesday (8/20)	Thursday (8/21)	Friday (8/22)	Saturday (8/23)	Sunday (8/24)		
8:00-8:45AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	8:00-8:45AM	
9:00-10:30 AM		Also OPEN: Waterfront (9am - 12pm), Waterski (9:00 - 11:30am), Arts & Crafts (9:30am - 12pm), Camp Store (10:00 - 11:30am)					Also OPEN: Waterfront (9am - 12pm), Waterski (9:00 - 11:30am), Arts & Crafts (9:30am - 12pm), Camp Store (10:00 - 11:30am)	Also OPEN: Waterfront (9am - 12pm), Waterski (9:00 - 11:30am), Arts & Crafts (9:30am - 12pm), Camp Store (9:00 - 12pm)	9:00-10:30 AM
		Hike the Lisk Loop	Bash Bish Falls Hike	Hike the Lisk Loop	Hike Race Mountain Loop	Dance Class	Beachfront Yoga		
		This 1-1.5 hour hike will take you all the way around our beautiful lake.	Join us as we travel 20 minutes away and enjoy a 2.1 mile hike to Massachusetts' largest waterfall. Plan to be out until lunch! Sign up for transportation in advance at the dining hall.	This 1-1.5 hour hike will take you all the way around our beautiful lake.	This 2+ hour hike will take you past Eagle's Perch via the Appalachian Trail.	Join Andres, Mike, and Santi as they teach the Salsa and more.	Start your day off with a tranquil session of yoga.		
		Meet at the office	Meet at the office	Meet at the office	Meet at the office	Meet in the dining hall			
		Low Ropes	Badminton	Fishing Competition	Mailbox Marathon	Climbing Wall			
		Come as a group to challenge your family as a team on our Low Ropes course	Looking for a thrilling sport that combines agility and fun? Join us for badminton, where every game is a blast and the excitement never ends!	Believe it or not, there are some huge ones out here in Plantain Pond. Bring your pole and come on down to the waterfront for this two hour quantity and quality judged event.	This 3-mile run takes you down the driveway to our mailbox on East Street and back. It is an excellent test of fitness.	Come test your climbing ability on our 35' climbing tower			
		Meet at the low ropes course	Meet at the waterfront	Check-in at the boat house	Meet at the office	Meet at the climbing wall (behind the tennis courts)	Meet on the waterfront		
10:30-12:00 PM	Check-in Time Move into your cabin, settle in, and get oriented.	Also OPEN: Waterfront (9am - 12pm), Waterski (9:00 - 11:30am), Arts & Crafts (9:30am - 12pm), Camp Store (10:00 - 11:30am)							10:30-12:00 PM
		Playcare	Playcare	Playcare	Playcare	Playcare	Playcare		
		Children ages 3 to 11. This morning's activity is ski boat rides!	Children ages 3 to 11. This morning's activities are fuse beads and pet rocks.	Children ages 3 to 11. This morning's activity is a water fight and sand castle building, wear a bathing suit!	Children ages 3 to 11. This morning's activity is messy science (making oobleck and slime).	Children ages 3 to 11. This morning's activity is a hike to north rock.	Children ages 3 to 11. This morning's activities are LEGOs and bracelet making.		
		Meet at the bell by 10:45	Meet at the bell by 10:45	Meet at the bell by 10:45	Meet at the bell by 10:45	Meet at the bell by 10:45			
		Leap of Faith	High Ropes Course	Leap of Faith	Dangle Duo	High Ropes Course			
		Take on our most daring High Ropes element to try your hand at earning a free chipwich!	Challenge yourself 30 feet up in the air on our high ropes course. You will have the opportunity to try out three different elements and then finish with our Zip Line! 12+ Only	Take on our most daring High Ropes element to try your hand at earning a free chipwich!	Attempt one of our most challenging high ropes elements - with a partner.	Challenge yourself 30 feet up in the air on our high ropes course. You will have the opportunity to try out three different elements and then finish with our Zip Line! 12+ Only			
		Meet at the High Ropes Course	Meet at the High Ropes Course	Meet at the High Ropes Course	Meet at the High Ropes Course	Meet at the High Ropes Course			
		Archery	Outdoor Cooking Class	Climbing Wall	Archery	Pickleball			
		Try your hand with a bow and arrow at the archery range. Learn how to shoot or just work on your aim.	Come learn to make a campfire dessert!	Come test your climbing ability on our 35' climbing tower	Try your hand with a bow and arrow at the archery range. Learn how to shoot or just work on your aim.	Want to learn a sport you can use for the rest of your life? Come join us to learn how to play or bring out your competitive spirit.			
	Please stop by the office to check in	Meet at the Archery Range (past the tennis courts)	Sign up in advance at the dining hall and meet behind Parker Seeley	Meet at the climbing wall (behind the tennis courts)	Meet at the Archery Range (past the tennis courts)	Meet at the blacktop	Meet at the bell		
12:00-12:45PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	12:00-12:45PM	
1:00-2:00 PM	Also OPEN: Waterfront (1pm - 5:45 pm), Waterski (1:30 - 5:00pm), Arts & Crafts (1:00 - 3:00pm), Camp Store (1:30 - 5:00pm)					Also OPEN: Waterfront (1pm - 5:45 pm), Waterski (1:00pm - 2:00pm and then after the white whopper ends), Arts & Crafts (1:00 - 3:00pm), Camp Store (1:30 - 5:00pm)	Also OPEN: Waterfront (1pm - 3:00 pm), Camp Store (1pm - 3:00pm)	1:00-2:00 PM	
	Camp Tour	Arts and Crafts	Arts and Crafts	Arts and Crafts	Arts and Crafts	Arts and Crafts			
	New to Family Camp? Take a tour to get to know your way around Hi-Rock.	Join us for fun projects of all kinds with today's big project being candle making.	Join us for fun projects of all kinds with today's big project being tie dye (bring something to dye or buy a shirt in the store).	Join us for fun projects of all kinds with today's big project being vision boards and collages.	Join us for fun projects of all kinds with today's big project being tie dye (bring something to dye or buy a shirt in the store).	Join us for fun projects of all kinds with today's big projects being mini sculptures.			
	Meet at the office	Meet at Sara Cooper	Meet at Sara Cooper	Meet at Sara Cooper	Meet at Sara Cooper	Meet at Sara Cooper			
	Iceberg	Iceberg	Iceberg	Iceberg	Iceberg	Iceberg			
	Come cool off and test your climbing ability on our 14' inflatable iceberg! Some swim sections may be closed to prioritize lifeguarding the iceberg.	Come cool off and test your climbing ability on our 14' inflatable iceberg! Some swim sections may be closed to prioritize lifeguarding the iceberg.	Come cool off and test your climbing ability on our 14' inflatable iceberg! Some swim sections may be closed to prioritize lifeguarding the iceberg.	Come cool off and test your climbing ability on our 14' inflatable iceberg! Some swim sections may be closed to prioritize lifeguarding the iceberg.	Come cool off and test your climbing ability on our 14' inflatable iceberg! Some swim sections may be closed to prioritize lifeguarding the iceberg.	Come cool off and test your climbing ability on our 14' inflatable iceberg! Some swim sections may be closed to prioritize lifeguarding the iceberg.			
	Meet at the waterfront	Meet at the waterfront	Meet at the waterfront	Meet at the waterfront	Meet at the waterfront	Meet at the waterfront			
	Hike to Bear Rock Falls	Hike to Elephant Rock	Hike to Hi-Rock	Hike to Bear Rock Falls	Hike to Elephant Rock	Hike to Hi-Rock			
	This 1-hour round trip hike will take you to the breathtaking overlook at Bear Rock Falls.	This 1-hour round trip hike will take you up a rock scramble to a beautiful overlook of the mountain.	This 1-hour hike will take you up to Hi-Rock, an overlook of the lake and a beautiful view.	This 1-hour round trip hike will take you to the breathtaking overlook at Bear Rock Falls.	This 1-hour round trip hike will take you up a rock scramble to a beautiful overlook of the mountain.	This 1-hour hike will take you up to Hi-Rock, an overlook of the lake and a beautiful view.			
						Meet at the office			
Red Hawk Tours									
Join Jess on a tour of our brand new Red Hawk cabins! This is the unit formally known as Mohawk, Pioneer, and Ranger.									

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	Meet at the office	Meet at the office	Meet at the office	Meet at the office	Meet at the office	Meet at the office		
2:00-4:00 PM	Also OPEN: Waterfront (1pm - 5:45 pm), Waterski (1:30 - 5:00pm), Arts & Crafts (1:00 - 3:00pm), Camp Store (1:30 - 5:00pm)					Also OPEN: Waterfront (1pm - 5:45 pm), Waterski (when the White Whopper ends - 5:00pm), Arts & Crafts (1:00 - 3:00pm), Camp Store (1:30 - 5:00pm)	2:00-4:00 PM	
	Kickball Game	Ultimate Frisbee	Basketball	Soccer	Volleyball	The White Whopper		
	Staff vs. Families kickball game	Take on the Hi-Rock Staff in a friendly but competitive game of Ultimate Frisbee.	Shoot some hoops with the Hi-Rock staff.	Join us for a pick up game with the staff - all ages welcome.	Come out to play some volleyball with the Hi-Rock Staff. All are welcome!	Sign up in the dining hall for the most difficult physical challenge of Family Camp. This 1.27 mile swim will take you around Plantain Pond.		
	At Center Circle	At the ballfield	At the blacktop	At the ballfield	At the waterfront			
	Jumping Competition	Beachfront Yoga and Meditation	Pickleball	Archery	AT Hike			
	Join Hi-Rock Staff on the Green Dock for a little jump-off! Extra points will be awarded for creativity and entertainment factor.	Relax and rejuvenate with some mid-afternoon yoga and meditation. Yoga will run from 2 to 3 and meditation from 3 to 4.	Want to learn a sport you can use for the rest of your life? Come join us to learn how to play or bring out your competitive spirit.	Try your hand with a bow and arrow at the archery range. Learn how to shoot or just work on your aim.	This is about a 3 to 3.5 hour hike that will start with a shuttle to Mount Everett on the Appalachian Trail and end when the group arrives back at Camp Hi-Rock. Please bring at least 1 liter of water. <b>Sign up for transportation in advance at the dining hall.</b>	Sign up in advance at the dining hall and meet at the boat house		
	At the waterfront	Meet on the waterfront	Meet at the blacktop	Meet at the Archery Range (past the tennis courts)	Sign up in advance at the dining hall and meet at the office			
4:00-6:00 PM	Also OPEN: Waterfront (1:00-5:45), Waterski (1:30-5:00), Camp Store (1:30 - 5:00pm)					4:00-6:00 PM		
	Playcare	Playcare	Playcare	Playcare	Playcare			Playcare
	Children ages 3 to 11. This afternoon's activity is gaga and ballfield games.	Children ages 3 to 11. This afternoon's activity is a nature scavenger hunt.	Children ages 3 to 11. This afternoon's activities are frog catching and other ballfield activities.	Children ages 3 to 11. This afternoon's activities are chalk funsies and blacktop fun.	Children ages 3 to 11. This afternoon's activities are fairy house making and face paint.			Children ages 3 to 11. This afternoon's activities are coffee filter art and puppet making.
	Meet at the bell by 4:15	Meet at the bell by 4:15	Meet at the bell by 4:15	Meet at the bell by 4:15	Meet at the bell by 4:15			Meet at the bell by 4:15
	Pickleball	Mailbox Marathon	Dangle Duo	Boat Races	Low Ropes			Hike to Sage's Ravine
	Want to learn a sport you can use for the rest of your life? Come join us to learn how to play or bring out your competitive spirit.	This 3-mile run takes you down the driveway to our mailbox on East Street and back. It is an excellent test of fitness.	Attempt one of our most challenging high ropes elements - with a partner.	Race each other in kayaks, canoes, paddleboards, and sailboats (if there's wind).	Come as a group to challenge your family as a team on our Low Ropes course			This 1.5-2 hour hike will take you on the Appalachian Trail south into Sage's Ravine.
	Meet at the blacktop	Meet at the office	Meet at the High Ropes Course	At the waterfront	Meet at the low ropes course			Meet at the office
	Adult Time	Adult Time	Adult Time	Adult Time	Adult Time			Adult Time
	Meet 'n greet with Chocolate Tasting - Come enjoy some snacks and meet some of the other adults who are attending Family Camp, see some old friends and perhaps find some new ones while tasting some delicious chocolate.	Leisurely swim out to North rock - Join a couple of our lifeguards for an afternoon swim out to North Rock and back.	Dance Class - Join Andres, Mike, and Santi as they teach the Salsa and more.	Beer & Cheese tasting - Come to enjoy some beer and delicious cheese. <b>21+ only and BYOB.</b>	Yoga and meditation - Take some time to breathe deeply and enjoy the mountain air during these stress reducing activities at Adventure Island. Open to all skill levels. Relax and rejuvenate with some mid-afternoon yoga and meditation. Yoga will run from 4 to 5 and meditation from 5 to 6.			Paint and Sip - Let your inner artist out and enjoy some wine. <b>21+ only and BYOB.</b>
	Outside the dining hall	Meet at the waterfront	Meet in the dining hall	Outside the dining hall	Meet at the waterfront			Outside the dining hall
6:00-6:45PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner (at the waterfront)	6:00-6:45PM	
7:00 PM	Clash of the Clans	Wacky Olympics	BINGO & Board Games	Campfire	Square Dancing	Beach Carnival and Strong Kids Campaign Auction	7:00 PM	
	Compete with your family to test your skills as a team. Only time will tell what challenge awaits you! Are you prepared? How well do you know your family members?	Put on your wackiest outfit and get ready for a wild ride with your family!	Everyone's favorite game of chance! Test your luck with your bingo cards and win some fun camp prizes! Or if BINGOs not your game get a group together to play one of our other great games.	Come to see some hilarious skits (or show us some of your own!) and perhaps participate in a few goofy songs in the true spirit of summer camp. We want to see your amazing talents!	This professionally called square dance will be fun for the whole family - and even more if you get dressed up for it!	Fresh popped popcorn, juggling, and carnival games next to the lake. Join us for an amazing evening down by the water. Followed by silent and live auctions to help us provide scholarships for kids who would otherwise not be able to afford to come.		
	Join us in the dining hall	Meet at the ballfield	Join us in the dining hall	Meet at Green-Speer Point, behind Parker Seeley	Takes place at the dining hall	Event takes place at the waterfront		
8:30 PM		Night Hike and Star Gazing	Silent Disco	Campfire with S'mores!	Night High Ropes	Beach Carnival Continues!	8:30 PM	
		Come for a night hike to a high point on camp to see what the night sky has to offer. This is a lead hike and independent star gazing.	Try out camp's newest dance party with three different music channels. All ages welcome to come boogie!	Stay after the skits, find a good marshmallow stick, and we will supply the rest!	Take the challenge to a new level by joining us at the High Ropes course to try the elements our in the dark. Grab your friends and a headlamp, we will provide the glow sticks! <b>12+ Only</b>	Keep enjoying a great last night of family camp 2025.		
		Meet at the office	Meet at the waterfront	Meet at Green-Speer Point, behind Parker Seeley	Sign up in advance at the dining hall and meet at the high ropes course	Event takes place at the waterfront		