



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Central Connecticut Coast YMCA Job Description

Job Title: Overnight Camp Counselor Volunteer  
Job Code: MACOUNS

Reports To: Unit Director  
Department: 450 Overnight Camp

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### A Career with a Cause:

Our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. Our mission is to put Judeo-Christian principles into practice through programs that build healthy spirit, mind, and body for all. The Y strengthens the foundations of communities and families through our key areas of focus; youth development, healthy living, and social responsibility and our core values of caring, honesty, respect, and responsibility. We are committed to this cause because a strong community is achieved when we invest in our children, health, neighbors, and values.

**We are welcoming:** we are open to all. We are a place where you can belong and grow. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

### Position Summary:

The counselor will aid in supervising and effectively leading a group of campers in daily camp activities. Counselors will provide a safe and nurturing environment for campers and will be actively involved and have a positive attitude about all camp activities. \*You may be asked to work in resident camp and/or day camp depending on camp needs. Signing the resident camp job description does not exempt you from being asked to work in day camp as needed.

### Job Segments:

- Provide opportunities for the cabin group so that each individual experiences success.
- Respond to and provide opportunities for discussion of individual or group problems or concerns.
- Assist each camper with meeting personal goals and those established by the camp for camper development.
- Follow established procedures for supervising camper health.
- Follow established procedures for enforcing all safety regulations.
- Plan Cabin Activities with Senior Counselor and campers as appropriate.
- Supervise all aspects of the camper's day including waking up, Cabin/Unit Kapers, meals, Siesta, evening activities, getting ready for bed, overnights, and after hours duty as assigned.
- Plan and lead a non-denominational devotion, for campers each night.
- Instruct campers in emergency procedures including fire, severe weather, Lost Camper, and Tag Calls.
- Teach and assist in teaching Coaching Periods as assigned.
- Serve as a Lifeguard or Lookout at the waterfront as assigned.
- Participate in Weekend Program, Unit On Duty, and other events as assigned.
- Actively participate in staff training, meetings, and supervisory conferences.
- Demonstrate and teach the values of caring, honesty, respect, and responsibility to all campers and staff.
- Follow all camp rules and regulations and enforce them among peers.
- Maintain positive public relations with parents, visitors, and the general public at all times.
- Submit all required paperwork on time.
- Perform other duties as assigned.

### Essential Functions:

- Ability to communicate and work with assigned ages and skill levels and provide necessary instruction to campers.
- Abilities to observe camper behavior, assess its appropriateness, enforce appropriate safety regulations and emergency procedures, and apply appropriate behavior-management techniques.
- Visual and auditory ability to identify and respond to environmental and other hazards related to assigned activities.
- Physical ability to respond appropriately to emergencies and situations requiring first aid.
- Physical strength and endurance required to maintain constant supervision of campers.
- Ability to live in an assigned cabin with a group of campers for the duration of the season.

### YMCA Leadership Competencies:

- **Critical Thinking & Decision Making:** Makes informed decisions based on logic, data, and sound judgment.
- **Communication & Influence:** Listens and expresses self effectively and in such a way that engages, inspires, and builds commitment to the Y's cause.
- **Program/Project Management:** Ensures program or project goals are met and intended impact occurs.
- **Emotional Maturity:** Demonstrates ability to understand and manage emotions effectively in all situations.
- **Inclusion:** Values all people for their unique talents, and takes an active role in promoting practices that support diversity, inclusion, and global work, as well as cultural competence.

**Developing Self & Others:** Develops self and supports others (e.g., staff, volunteers, members, program participants), both formally and informally, to achieve their highest potential.

**Experience, Education, and Qualifications:**

- Desire and ability to work with and relate to children and one's peers outdoors
- Willingness to accept supervision and guidance
- Ability to teach and assist in teaching skills and activities
- Good role model, high integrity, and adaptable
- High school senior or equivalent and at least 18 years old
- At least four weeks experience as a junior counselor, participated in structured group camping, or at least four weeks experience in a supervisory role with children

**Trainings & Certifications:**

Must complete online New Employee Orientation, Child Abuse Prevention, Mandated Reporter, Bloodborne Pathogens, Hazard Communication, and Employee Safety trainings prior to start of position.

Must hold and maintain CPR, AED, First Aid, and Oxygen Administration certifications - required for job placement.

**Effect on End Results:**

- This position strongly impacts the effectiveness with which the Central Connecticut Coast YMCA accomplishes its mission. The role requires that the Overnight Camp Counselor be committed to delivering high quality results, building positive relationships, maintaining a safe environment, and fostering a healthy community for all.
- Growth is seen in the program enrollment and quality in accordance with annual targets.
- All YMCA programs are recognized in the community as high quality and safe programs.
- Participants and staff set and achieve personal goals.
- All applicable licensing standards, grant stipulations, YMCA policies, state and local laws, and YMCA of the USA risk management recommendations are met or exceeded.
- Camp staff embody the mission and values of the YMCA.
- Positive image of the Central Connecticut Coast YMCA is achieved.

**Physical Demands:**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. While performing the duties of this job, the employee is regularly required to communicate. The employee frequently is required to remain stationary; move; type; and reach objects. The employee must frequently lift and/or move up to 15 pounds and occasionally lift and/or move up to 25 pounds. Must be able to perform all the physical aspects of the position, with reasonable accommodations. Ability to conduct activities, and perform all physical aspects of the position.

**Work Environment:**

This job operates in a recreational and educational environment. This role routinely uses standard sports and recreation equipment such as gym equipment, sports equipment, and office equipment such as phones, photocopiers, filing cabinets, and fax machines. At times, employees may be exposed to undesirable working conditions, communicable infectious diseases, and risk of injury from others. All employees are required to follow the preventative health policies of the YMCA at all times. The noise level in the work environment is moderate to high.

**Compensation and Benefits:**

- Room and board provided for volunteers living on camp

**EEO Statement**

The Central Connecticut Coast YMCA is an equal opportunity employer, practicing equality of employment and advancement opportunities to all regardless of race, creed, national origin or ancestry, sex, sexual orientation, gender identity, genetic information, learning disability, mental disability, physical disability, veteran status, or any other protected group status under federal, state, or local law. This policy applies to all terms and conditions of employment; including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absences, compensation, and training.

**Other Duties**

Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the employee for this job. Duties, responsibilities, and activities may change at any time with or without notice.